

Katie Rhodes
Elder Project Proposal

Theme- It's Ok To Be An Achiever (not over not under)

Slides-https://docs.google.com/presentation/d/1x7pVmU7feiXaNL5Uuj75ei20EqZzcM2_WJtMGqRg4xo/edit#slide=id.g2a6fb8c2afa_0_0

Video- <https://youtu.be/kIHq9-hWdM0?si=9-TSPIt paj4ZfVn8>

Explanation-

The theme of my presentation “It’s Ok To Be An Achiever (not over not under)” came from all of the activities I have done throughout high school. I have played 4 sports, done leadership for four years, and participated in many clubs and activities. As leadership students we tend to obsess over grades/school/college/etc. We feel the competitive nature forcing us to be the best at everything. This causes us to not want to try new things because it will take time away from our goal, it serves no purpose towards our goal, or because we know we won’t be the best. I came to the conclusion sophomore year that I would much rather have a little experience in everything than be an expert at one. Some may say this is quantity over quality but I say it’s well-rounded. This video is not a ted talk, it is actually a IHeart Radio interview. I feel like the message of the video will resonate with a lot of the students in leadership, because they have that type A personality. I want to remind everyone, especially the young ones, it’s okay to not be the best at everything, and not everything you do must have purpose. It’s okay to do things for fun even if they don’t benefit your overall goal.

Community Service

Goals/Purpose/Plan

The goal of this community service project is to spread positivity to people I don’t even know. I will be attaching positive messages/ quotes to a flower and handing them to strangers I see throughout the town. I feel like we spend so much time deciding who gets enough recognition and who doesn’t that we don’t just do the act. If a stranger came up to me and gave me an uplifting message on a flower, I would be in awe. It would mean so much because they didn’t know me, but for some reason they chose me. My mom likes to remind me that we don’t know what everyone is going through. We have to assume we only know about 10% of someone’s story and if it’s a stranger, we know none. Letting your intuition choose who you want to gift can accidentally benefit someone that is going through something monumental or someone who just needed a little encouragement. The best part is, I don’t know them, and they don’t know me. This means that I wouldn’t be awaiting validation and praise from those people. I would simply give them their flower and note and move on with my day. I will truly never know the impact of my gesture unless I somehow saw them again, not expecting anything in return. I fully support other community service ideas such as canned food drives, clothing drives, etc. I also love the idea of simplicity. I love flowers and I love little notes. I keep every little note someone gives me.

I have every single praise I have received in leadership. Sometimes all someone needs is encouragement. It is easy to be kind to those we know, but the true test of character is being kind to those we don't know. I hope to reach a group of people that have been needing some joy and potentially will inspire them to give words of encouragement to others. There's no accidents and I know these would reach an audience of people who need it.

Community Involvement

-Buy flowers from Trader Joes/Save Mart/Main Street Floral
-Handout in populated areas such as Dutch Bros/Save Mart/Ripon Coffee House/Local Businesses

My Team

This project feels very personal and individual. I think I might choose 1 person or my mom (for safety) and do this project in a very small number. (3 max)

-I feel like this has more impact when it isn't a large team of people

Plan

Dates-Buy items and write notes Feb 13th & Handout Feb 14th

Budget-\$40

Resources- Flower bouquets, sticky notes, ribbon
(giving individual flowers-not bouquets)

Reason for these dates:

This would fall directly on Valentines Day. I feel like this is fitting because it is about spreading love and joy. Many people hate Valentine's Day because they haven't had a good experience with love. Whether that be with their parents, with a partner, or with themselves. I think this is a perfect activity for Valentine's Day.